

NZOIA Quarterly

Number 21

Newsletter of the New Zealand Outdoor Instructors' Association

June 2002

From our Foreign Correspondent

..... *Mick Hopkinson*

(also NZOIA Assessor in just about everything and illustrious owner of the NZ Kayak School in Murchison).

THERE AND BACK AGAIN

I never intended this to become a series but the potential is enormous!

We've just come back from another Memorial Weekend at the City of the Rocks! New readers should dig out a back issue and read up on the antics of the Utah boy scouts to put this article in perspective!

It all started innocently enough. I'd just finished a route on Bumbly Wall...maybe it was karma! A young guy of about nineteen with a pair of rock shoes casually hung round his neck took me aside and kind of conspiratorially asked where the 5.8 was. I pointed it out and went on my way. Much later in the day drinking a beer with a certain Australian, one Tim, who I subsequently discovered had lived in my house in Christchurch, (another shaggy dog story!) I got the details.

He, the youth, had found the route, roped up, handed the rope to his girlfriend (LITERALLY) and set off up the climb. At about 60 ft. He realised that something was wrong and that he could die!

Why? Because he had no quickdraws or carabiners with him. (He didn't own any!) His girlfriend was holding the rope. She didn't have any carabiners either, in fact she wasn't even wearing a harness and was merely passing the rope between her hands. There was nothing between her and the youth except the rope and gravity. His screams for help resulted in neighbouring climbers managing to get him a top rope in time.

The mind boggles!

Next day saw us on Transformer Wall quietly working our way from left to right on a bunch of 10.cs and 10.ds that were much harder than the 11.b I'd fallen off the day before. Our quiet concentration was a mute background to a team of 4 who were assaulting the 5.9 behind us. After 4 of our routes one of the them got to the top of their route and it started to become obvious that something was deeply wrong and we were drawn into the web.

The 5.9 was 150 high. The leader affixed himself to the bolt anchor (I hope) and a long conference, shouted, took place about how they were going to top rope it and retrieve the leader. They couldn't just pull the rope through the draws and drop it to tie the second rope on because the climb sloped away into a crack system. In the end the leader was going to rap down the single rope!!!! This would retrieve the draws but leave the rope until ...when?

Continued on page 4

**ANNUAL NZOIA MEMBERSHIP
SUBSCRIPTION IS NOW DUE
for the 2002/2003 year!**

**NZOIA Instructor
Training Workshops
have arrived at last !**
see page 6 for full details.

a new feature
"Tech Notes"
collectable words of wisdom - pages 7-9

NZOIA
New Zealand Outdoor Instructors Association

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NEW ZEALAND**

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From the Presidents Wine Glass

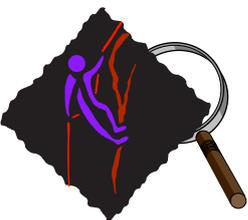


Well, you'd be forgiven for thinking we've resorted to hitting the bottle over the past few months, but it's been just wild, with lots going on and many exciting developments. Keep reading.....



SUBSCRIPTIONS

You've guessed it – subscriptions are due for renewal (again). Enclosed are some good reasons to renew your subscription, and we hope that you will continue to support NZOIA for the coming year. See as it as an investment in your professional outdoor organisation, and in your ability to be able to say you are a current member of NZOIA – an increasingly important need in today's changing industry.



INVESTIGATIONS The Maritime Safety Authority released its report on the capsizing of Lynne Cree (the Clarence River accident) this week. One of the recommendations is that we circulate this report to all of our members, and

MSA has agreed that this can be done by email. Therefore you can expect to receive this in the near future. If you are not on email and do not have access to the report, please contact us and we will see what can be done.

I will be writing to MSA in response to the recommendation that commercial canoe operators adopt the Qualmark system for voluntary self-regulating code of practice for adventure tourism operators. Although the Adventure Tourism industry has developed this system for their members via a large grant from Qualmark, it was not necessarily in consultation with the outdoor industry. Unless this happens, then it is not likely that there will be ownership or buy-in.

I'm not sure that MSA realized that the two industries operate independently and while the content of any sector specific codes may be the same, there may well be some differences in leadership/instructional content and group management.

It is good to see some pressure being put on the Ministry of Education to expedite the publication of EOTC Guidelines, and to provide schools with information and access to professional development. However the fact still remains that many schools simply do not have the internal capability to design a progressive outdoor programme that is appropriate for the age and experience level of the students. Ever since the demise of Outdoor Education Advisers as part of the MOE Advisory Services, schools have had little access to the advice and information they need, let alone the resources.

Well, this investigation, and the subsequent accident on the Buller River that involved some of our Award holders, has caused NZOIA to take a closer look at our own accident investigation procedures. While it is all very well to be providing expertise to the Maritime Safety Authority, we are also conscious of the need to investigate on NZOIA's behalf, both from a risk management viewpoint for the organisation, as well as on behalf of our Award holders. A strategy has been prepared and will be ratified at our next committee meeting, then published in the September Quarterly.

TRAINING

Yes – its actually going to happen. Starting October, there will be Rock workshops offered around New Zealand by Dave Moore and Chris Burtenshaw.

These will be targeting people who want to sit Rock 1 in the future, or existing award holders who may be a bit rusty, or who may want to know the latest and greatest technical and instructional tips. Dave will also be offering an Alpine training weekend as well.

Later in the year we will be running Kayak training. Full details will be on the website, and advertised to members (and others). Current members will qualify for a preferential rate.



On top of all this we have been working on a new brochure and poster, which should be completed in July.

Don't forget the new **logbook** is available from Steve Scott. Expect classy new membership cards that list your awards and are far more durable.



Finally, as part of your membership renewal this year you will receive a NZOIA beanie (available in black or navy). A very good deal has been negotiated for these, and it's in line with our objective to achieve greater visibility out there in the field, while also being a functional way to keep your head warm!

Also, we are keen to hear if members are interested in a NZOIA tee-shirt, which can be easily produced, but would need to be pre-ordered.

Well, that's it from me, stay safe out there.

Jill Dalton

Continued from page 1 -

We intervened and I taped their second rope to the down end of the first so that it would pull through the draws. The leader pulled it up. Then I discovered that he had never tied two ropes together and that he couldn't tie a double fishermans knot or any other kind knot for that matter. So I got him to tie his only knot, a figure 8, in his rope and to follow it through with the new rope. We then tested his handiwork by hanging on the rope on the ground to tighten / test the knot! He still had to rappel down on his own and I just closed my eyes, but he made it! Sadly these were only the precursors.

On the Monday a girl took a leader fall on a 5.8 called Delay of Game. Those of you who have done it will remember it as a run out slab climb. I think it gets 8 bolts in a full rope length. (Do your arithmetic!) She fell after the last bolt en route to the anchor and took a forty footer, tumbling over backwards and sustaining major head injuries in the process. She never recovered consciousness and died in hospital.

Maybe next year we could have a field trip for assessors! For trainees! We could run the Polytech outdoor leader programmes with real live incidents and real blood and real deaths and we could film it and make one of those reality TV shows that would be even more real.. City of the Rocks Memorial Weekend "Survivor"... "Last man/woman standing" etc....

"Aw shut up you idiot!", "but it's true. Honest. It really happened. I was there!"

"Nobody could be that stupid" "Really?"

Mick Hopkinson
June 2 2002

PROFILE: Kate Bowes

NZOIA's new Assessment Co-ordinator

I live in Blenheim with my partner Phil. We have a mutual love of the outdoors, our favourite pass time is exploring the hills. We also both love sea kayaking and being in alpine environments.

Together we have visited some pretty isolated parts of New Zealand. We both worked for 3 years at the Outward Bound School as instructors there, and also had a year on the Kermadec Islands with three other people working on a Department of Conservation project. I've also been a teacher in Twizel, and on Pitt Island in the Chathams. I used to ski, but with my background of skating and surfing it was inevitable that I freed the mind in 1994 and started snowboarding and haven't looked back!

My main sport for years was mountainbiking, and I still feel most at home on a bike. I even managed to persuade Phil to accompany me on a life long ambition to go "walkabout" on bicycles in 2000. We had an amazing year of cycling everyday and (even better) not working! We tried to go to out of the way places and these included India, Nepal, Tibet, Eastern Europe and Turkey. Everyday we glided through an ever changing tapestry of cultural diversity, smells, sounds, colours, life, death ...what more can I say except that for me, this is as near to a perfect existence as it gets!

However, dreams don't last forever, and unfortunately our bank accounts soon told us it was time to come home.

So here we are in Blenheim soaking up the sun, and enjoying the wine! I grew up in Wellington, so still make frequent trips home to get a city fix, soak up the Arts and lounge around in cafes. Phil works for DoC in Picton, and I do a bit of relief teaching, a bit of contract outdoors instruction. If I'm not in the hills, you can find me curled up with a good book, or poking about in my garden. I'm really looking forward to being part of NZOIA, and being involved again with all those enthusiastic and committed people who make up the outdoor industry in NZ.



www.safeoutside.org.nz

NZOIA SUBS NOW DUE

VISIT BY THE CHINESE MOUNTAINEERING ASSOCIATION

Four weary Chinese mountaineers hit Auckland after a 13 hour flight from Beijing, accompanied by Dean Qi from W.L. Gore and Associates and Lydia Bradey, the NZ tour organiser. Gore (of Goretex) had generously sponsored this visit so that CMA could see at first hand how the New Zealand outdoor training and qualification scene currently works. Li Zhixin (Vice President of CMA), Zhang Zhi Jian, Dr Li Shu Ping and Dr Ma Xinxiang are all experienced mountaineers, some with an impressive track record of summiting major peaks around the world.

Outdoor activities are increasing in popularity in China, with many opportunities being offered by 'clubs' which are really retail outlets, but with no real structure as far as training and qualifications for instructors is concerned. The Chinese government are (rightly) concerned about this, and so decided that CMA should be the Association to investigate what needs to be put in place to ensure safe, quality experiences are happening.

Their first port of call was Auckland, and they met with Jill Dalton and Jim Hepburn for a presentation on NZOIA. A quick walk around the Viaduct Basin was called for, followed by a seafood lunch (upmarket Kiwi style fish and chips!). We had the use of the AGC Finance Boardroom, complete with audio/visual techno facilities and had to explain several times that, no, this was not the NZOIA headquarters, but the finance company where Jim worked! We wish!

An upmarket power point presentation had been planned, and Jim cleverly thought to get a friendly Chinese workmate to translate some of the major points into Mandarin. This went down very well and that, combined with translations by Dean, managed to get us through the afternoon. We outlined the organisational structure of NZOIA, funding, assessment scheme details and some of the strengths and weaknesses. There were lots of questions, and before we knew it they were off in a taxi to the airport.

The rest of the visit was spent visiting places such as the Outdoor Pursuits Centre, Water Safety NZ, Sport and Recreation NZ, Christchurch Institute of Technology, NZ Alpine Club, Aoraki Polytechnic, Arthurs Pass, and many more.

Maybe by the end of it they gained a better understanding of the complexity of our outdoor industry, or maybe they ended up totally confused! Lets hope not.

We felt privileged to be able to present on behalf of NZOIA, and many thanks to Lydia Bradey for her great tour organisation.

Jill Dalton

新西兰户外指导员协会
热烈欢迎
中国爬山协会会员
到访新西兰
(NZOIA)

The "interpretation" (spelling) of NZOIA for the recent visitors from China.

CANOE ASSESSMENT (South Island late 2002)

An enquiry has been received for a CANOE Assessment in the South Island in the latter half of 2002 - the date is yet to be determined.

CAVE 2 ASSESSMENT (Nelson - 11-13 Oct)

Please note the above date carefully - we have not been able run a Cave 2 assessment for a couple of years due to the lack of demand -

If you are interested in either of the above assessments, please register with either the:

Administration Officer -
ao@nzoia.org.nz, or the

Assessment Co-ordinator -
assessment@nzoia.org.nz.

NZOIA Instructor Training Workshops

Instructor training workshops will start this coming September.

Alpine 1 - 2 day workshop:

Saturday 7th & Sunday 8th September 2002 @ Mt. Ruapehu

South Island Rock 1

Wednesday 2nd October 2002 @ Castle Rock

Thursday 3rd October 2002 @ Charleston

Saturday 5th October 2002 @ Hospital Flat, Wanaka

North Island Rock 1

Sunday 13th October 2002 @ Taupo

Sunday 20th October 2002 @ Wharepapa

Saturday 26th October 2002 @ Auckland

WHO FOR ! These workshops are specifically designed for:

- People who are looking towards attending a Level 1 assessment, AND
- Existing Level 1 Award holders who wish to "brush up" on their knowledge and check out the latest tips and techniques.

HOW to BOOK for a Workshop -

Contact the NZOIA Office:

via email ao@nzoia.org.nz,
post PO Box 11-090 Wellington,
or phone 04-385.6048

Please make sure that you provide your full name, contact details (email, phone, address) and preferred workshop date.

The COST - per day, payable at time of booking and non-refundable except in the event of cancellation of course.

Members - \$65

Non-members - \$90

*The dates for
KAYAK
workshops
will be advised as
soon as they
are finalised.*

**NZOIA
SUBS
NOW
DUE**

Congratulations

to the following members who recently obtained NZOIA Instructor Awards

Abseil 1

Kristin Pascoe

Alpine 2

Simon Trotter

Bush 1

Matt Cutler

Bush 2

Matt Cant

Nathan Fa'avae

Mark Rayward

Climbing Wall

Laura Cameron

Aaron Carpenter

Brendon Field

Brodie MacGregor

Jared McMurdo

Matthew Reid

Owen Whelan

Flatwater Kayak

Chris Filius

David Goldsworthy

Peter Scarlet

Kayak 1

Rhydian Lewis

Rachael Moore

Kent Nanninga

Leanne Nanninga

Jason Pearson

Mark Radford

Andy Rees

Doug Sowerby

Celia Tripp

Chris Warburton

Rock 1

Adrian Braaksma

Dave Bolger

Ben Burns

Lisa Cooper

Garth Crosbie

Matt Farrelly

Heidi Godfrey

Catherine Kircher

Karl McGregor

Rachael Moore

Zac Shaw

Rock 2

Kerry Palmer

Outdoor Safety Management

Sue Gemmell

Instructing, Programming and the 5 P's

Have you ever planned an outdoor programme and it didn't turn out the way you anticipated on delivery? If you have been in this situation, you must consider the 5 Ps - Prior planning prevents poor performance.

To make the five Ps a successful planning strategy, you need to reflect on a few important elements:

1. Some causal factors of unexpected outcomes,
2. Practical application – turning a disaster into a raging success,
3. Attributes in a successful outdoor educator,
4. Starting the 5 Ps in motion.

I have planned activities for groups that have been either double the numbers, or not suited to the explosive, dynamic firework display of activities I had planned. Their expectations were also different from mine and suddenly I was faced with the prospect of changing my ready-made plan..... on the spot.

Having to change tack with very short notice can either be very exciting, or make you feel you are on the Titanic sinking. You draw a horrible blank and think, 'what next?' You desperately want to deliver activities that suit your clients. The tack you change to, depends on what your clients needs are – not yours!

You do not have to be in this position.



Changing tack while sinking sucks, and it is better to be prepared. There are a number of causal factors that can put you in this situation:

1. Lack of personal skills:
If you can not demonstrate correct techniques. Others will follow your example, hence develop bad techniques and put themselves at risk.
2. Lack of personal experience:
There is no short cut for gaining this. Getting out into the outdoors and having personal adventures is a key factor. Through this, you can mature and gain valuable life experience, which will help you deal with other people when you are in the lead-instructing role.
3. Lack of instructing experience:
Gaining this can be a hard road and you have to start somewhere! Moving into the professional arena takes time, personal effort and financial investment.
4. Having the competence in the specific field you are working in.
Be realistic about where your skills are. Stating that you can instruct on a grade 3 river when you can only instruct a grade 1+ sets you up to look stupid. Worse case scenario would be losing client.
5. Your personal moods, other clients moods:
Dealing with the transition from your own personal dilemmas to an hour later where you are responsible for 8 or more people in an outdoor activity can take some doing. Are you able to put that personal baggage aside and deliver a professional programme. Outside work our lives continue and we all have personal lives with issues to deal with. Dealing with other peoples' emotions is a whole new ball game! Time and maturity helps this become easier.
6. Poor judgment:
At the end of the day, as instructors you call the shots. You make the final decision in the field and say when too cross a river, camp, paddle or portage a rapid. When situations get out of hand they can snowball. It is difficult to retain any control and you end up treading a fine or impossible line. Making the right decisions needs an understanding of absolute, real and perceived risk.

7. Equipment failure:
Crampons falling apart on a snow slope; have you the right tools to deal with it or a paddle snapping on a river trip; have you a split paddle?
8. Weather changes:
While out tramping watching the southerly front role in and plaster snow on the pass you were going to cross in May; rivers rising when you are halfway down the Wanganui River, Canadian Canoeing.
9. Lack of area knowledge:
I do believe being able to teach on new ground with limited prior knowledge is important however, if you have the chance to research what is around before hand this is imperative for the success of any expedition.
10. Acts of God:
These ones are tricky, they can catch you out and you are suddenly in a survival situation that involves a mix of luck and quick application of skills. Yet with the use of the 6ps and rescue training you may be able to minimize any damage that may occur. For example, getting caught in an avalanche and going through the correct procedures in you're rescue search. This may increase the chances of survival of your team.

The above are only some causal factors that can effect the survival of your programmes outcomes. There are many more and underneath that wonderful professional smile you have, I encourage you to keep developing a 'what if' attitude. What are the causal factors of the potential risks; what are the mechanics that make these potential disasters occur.

Turning a disaster into a raging success demands quick thinking and practical application. You need to have applied the 5 Ps, before you get to the potential disaster point (PDP). Some ways you can improve your experience from the causal factors are:

1. Polytechnics and other private providers give excellent training to get you stepping in the right direction. It will help you develop competent skills, good judgement and personal and instructing experience. Also, consider spending time observing many different instructors outside any course time. Making sure you review your time with them to get the maximum benefit from your observations. This may lead to getting hands on experience once you develop a good working relationship with another instructor, which is what you really need – hands on experience.

2. Have several alternatives ready and applicable to your group. Make sure they are well practiced and you know when to change the tack on your course direction.

3. Make sure you inform your group of possible changes. Front loading a group with information can be an enriching experience for your clients. They can get more involved with making decisions, take responsibility for their own actions and acquire more ownership of their own outcomes. It is advisable not to sell one idea to the group without the possibility that you may end up somewhere else, such as, not reaching the summit on a mountain climb.

This can be a golden opportunity to teach people respect for the environment's fluid nature and its power. It is part and parcel of the adventure in the outdoors. Change is good and like I say "All good things must come to a change". We must be able to adapt quickly in the outdoors' to survive and enjoy the environment. Our lives may depend on it. You can also relate this to peoples' lives outside the course on how dynamic it can be.

4. Having alternative equipment available to suit different changing situations. Taking six different kayaks may not be practical, however, taking a repair kit is. Too much gear can be detrimental to you success, to little can mean a vital piece forgotten; find the balance!

To implement these ideas to infinity and beyond it takes good educators'. What makes a good educator is documented in many forms. N.Z.O.I.A. put out a draft code of ethics, (NZOIA Quarterly, Number 17 June 2001). The codes overall focus is upholding the responsibility of the instructors' credibility. It touches on moral and ethical values seen by the industry as important, and would help you apply the 6 ps, but what about the 'X factor' people talk about. Not everybody has it apparently, and it seems hard to put an agreed finger on what it is. Good educators certainly need to strive towards the N.Z.O.I.A. code but also it will help you to go a step more to develop that 'X factor'.

I believe good educators with 'X factors' need to be dynamic, have empathy with other people, and be intellectually agile. They need to develop their own style and remember what it was like when they were first learning; encompass a unique and independent attitude and ability to relate to people yet not forget their boundaries. 'X factor' people have charisma. They need to be able to inspire other people whilst up holding the code of ethics.

Does this sound super human to you? Well, on the face of it I think it is. Some people seem to have a lot of it and some not so much or at all, yet aiming to develop this 'X factor' can provide you with a wonderful goal in living with other people and advance your own personal growth and maturity. If you are traveling from A to B, it's not the getting to B that counts, it's how you get there that matters. This is a people business and you can not be a non-people person to have any of this 'X factor' stuff. I believe everybody has the X factor. Some have not found it yet, or know how to let it grow and use it to their own and other people's positive advantage. Good educators are developing their 'X Factors' all the time. 'X Factors' never sleep!



Planning is an essential tool for running a successful programme 'X Factor' or not. A good way to put your 5 Ps into motion is to use the Risk Analysis Management System Form (RAMS form).

This can increase the depth of planning, however, I would caution people and courses of 'invalid over use RAMing'. Often these forms are RAMed down students' or filled out the wrong way. If this is the case you must ask yourself 'how valuable are your RAMS forms? Are these forms being photocopied and passed onto the next person.

RAMS forms can become an administration formality, which is useless. Using these forms is useful but only if you go through the thinking process yourself. Thinking, what are the risks and why are the keys to its success.

The dilemma with putting this into action is usually a lack of time. It takes patients to sit down and go through the process properly and it is often better to do them with someone else or at least have someone else's input for a fresh look. I can assure you, that if you do put the effort in it can hold rewards for your programmes success. Also, it is worth learning how to fill them out properly.

How many people know what hazards and perils are? I am surprised who does not. There are simpler forms out there, however the original one still works well. A Risk Management course will teach you the pit falls of using these beasts and enable you to correctly apply this planning tool.

With an understanding of the application of good ethics and some vital 'X Factor' thrown in, Prior planning can prevent poor performance and help you deliver quality programmes to your clients, and that's great education.

Andy Thompson - 2002 Dunedin

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- NZOIA Qualified staff

www.gbh.school.nz

The Power of Experiential Learning.

Beard, C. & Wilson, J.P. (2002)
London: Kogan Page

Reviewed by:
Jo Straker
Christchurch Polytechnic

Experiential education underpins much of our work in outdoor education and this handbook pulls together many aspects of both the theory and practice of activity based experience. It has some excellent ideas for developing activities in your programmes and ties them together with their theoretical background.

A book about experiential learning could be considered a bit of a paradox; why would anyone wanting to learn more about experiential learning, read about it rather than just go and do it! Fortunately, Colin and John realised the inconsistency and somehow managed to compile a handbook of ideas and experiences which engage, challenge and stimulate.

Written in accessible practical language this book is for outdoor instructors, managers, educators, facilitators, coaches and anyone else interested in helping others to learn. They use the metaphor of a combination lock which by changing the barrels around provides thousands of differing ways to enhance learning through action, experience and reflection. This means that if you have a good activity or idea then it can be endlessly recreated for different groups and this of course allows for even more ideas to be developed.

The Power of Experiential Learning can serve as a valuable resource for a wide range of people. For students it can quickly build up their toolbox of ideas. It also provides experienced educators with concrete strategies and procedural knowledge to implement experiential learning ideas into more areas of their practice. Managers and management trainers are also catered for with numerous case studies and ideas for developing the knowledge capital of their business. For outdoor educators and instructors it provides a deeper theoretical understanding about some of the processes used in adventure recreation and outdoor education.

The book draws its ideas from a wide range of sources; philosophy, education, psychology, linguistics and of course from the authors' own extensive personal experience as management consultants, environmentalists and educators.

The tone is practical and behavioural and does not consider such issues as to what we training and learning for, or the potential impact of our "doings" on learners, society and the environment. The case studies indicate that there is an underlying theme of developing community and caring for the environment but I would have preferred that to be more explicit.

Overall this is a thoroughly engaging and informative book, which differs from some of the academic studies and theoretical underpinnings it draws upon by being easy to read, full of practical ideas and by the passion with which it is written. An invaluable resource for anyone using experiential education methods; one which I would highly recommend for personal and professional libraries.

Auckland University of Technology Diploma In Outdoor Recreation Leadership

THE STUDENTS SPEAK! - by Jill Dalton

When speaking to the second year students recently on the state of the our industry in New Zealand, I had the opportunity to get some feedback from them for the outdoor industry in New Zealand. ***Here's what they would like to see:***

- Simplify the industry (too many organisations and providers etc)
- Be consistent.
- Differentiate the product
i.e. what really is a "Diploma"?
- Be specific - stick to your core business.
- Gain recognition for qualifications
i.e. higher pay rates.
- Ask 'why are you here' - is there someone else fulfilling this role.
- Recognise performance.
- Reduce the number of providers.
- Provide training for qualifications (NZOIA).
- Make assessments readily available (NZOIA).
- Provide information to employers & students.
- Have one main qualification and a recognised governing body.



Just what you have been waiting for..... Training opportunities.....

Need to upskill, refresh, or learn to use some new instructional skills? Horizons Unlimited offers the following public programmes. All programmes include embedded NZQA unit standards and are led by industry leaders. Feel free to contact us directly to gather more information or check out the website www.horizons.co.nz

Pre-Hospital Emergency Care Refresher

Date: 8 – 9 June

For those wanting to brush up on their PHEC skills.

Cost: \$260 incl gst

Location: Christchurch

Duration: 2 days

Adventure Education Facilitator Workshop

Date: 25 – 28 June

This four day workshop aims to enable participants' to work with an increased level of competency in group facilitation. Based on the Experiential Learning (EL) cycle, the programme will give participants greater understanding of the 'tools and techniques' associated with group facilitation as well as experience in the design and delivery of an EL activity.

Cost: \$345 incl gst

Location: Christchurch

Duration: 4 days

GAPYEAR Experience – Certificate Adventure Leadership - Winter **Date: 5 August - mid Nov**

This 16 week programme is offered as a partnership between Horizons Unlimited and Southland Institute of Technology. Its busy, very hands on, adventurous, involves time on the snow, kayaking, rock climbing, expeditions, challenge ropes course, first aid, sea kayaking and leadership opportunities. By combining with IEP we are able to offer off shore job opportunities at the end of the programme.

Cost: contact us

Location: Christchurch

Duration: 16 weeks

Challenge Ropes Course Technical Skills Workshop

Date: 2 – 5 September

This four day workshop is designed for people who intend to become involved in the use of adventure-based programmes incorporating Challenge Ropes Courses. It will include all the set up, safety, and group management skills and practices employed in the use of a Challenge Ropes Course.

Cost: \$630 incl gst.

Location: Christchurch

Duration: 4 days

Risk Management Training Programme

Date: 16 - 17 September

An introduction to basic Risk Management principles and practices. This two day workshop will include practical applications, current legislation, and accident causation.

Cost: \$225 incl gst

Location: Christchurch

Duration: 2 days

Pre-Hospital Emergency Care

Date: 7 – 12 October

This programme is offered in partnership with AUT. For those wanting a more extensive First Aid qualification, this six day programme develops emergency care knowledge and skills for a diverse spectrum of outdoor recreation and work environments.

Cost: \$485 incl gst

Location: Southern Lakes

Duration: 6 days

White Water Rescue Workshop

Date: 19 - 20 October

This workshop covers the NZRCA syllabus for river safety. Content includes understanding the difference between preventative measures in river safety and "crisis management". Participants will learn a wide range of river safety and river rescue techniques.

Cost: \$235 incl gst

Location: Hurunui River

Duration: 2 days

Outdoor First Aid

Date: 29 – 30 October

This course provides first aid challenges in outdoor settings. Scenarios in a range of settings are designed to challenge participants' problem solving abilities, improvisation skills, and confidence in dealing with trauma and medical emergencies.

Cost: \$225 incl gst

Location: Christchurch

Duration: 2 days

How to contact us:

**Horizons Unlimited PO Box 19-940
Christchurch, New Zealand
Ph: (03) 384 0384 Fax: (03) 384 0334
Email: info@horizons.co.nz**

Recreational KAYAK Fatality

The following is a brief summary of findings from the investigation into the death of Rod Banks on the Hokitika River, November 18 2001. Written by Graham Charles and first published in the NZRCA Newsletter.

Rod Banks died of drowning on the Hokitika River when he was caught in an unknown manner in a pour over hydraulic feature. Conjecture points to some form of foot or leg entrapment on/in a rock or tree feature under the surface in the back wash of the hydraulic.

Rod's PFD was removed by the force of water early in the submersion. This is not uncommon. The rest of his clothing had been pulled high up his torso which suggests at some stage he was caught in a head downstream position. This was his observed position prior to him being submerged when rescue was being attempted by the party.

General kayaking practise and expert opinion, respectfully, supports a poor choice of kayak for this particular run and this paddler. Paddling this kind of water in the particular boat seemed at the upper limit of Rod's experience and skills at that point. A team member had thought about mentioning something before the trip but didn't feel in a position to do so (people often feel reserved about this because it is a subjective decision on behalf of one person questioning the skills of another kayaker. There are obvious character and ego implications involved with making these requests)

Club trips in general don't have clear lines of responsibility and accountability. This makes it difficult for one person to make a directive decision on behalf of someone else regarding either boat choice or decisions to paddle or not to paddle certain sections of water.

No one in the rescue party had completed a recent River Rescue or Safety Course. They had adequate equipment.

The sheer number of people on the river augmented the problem of knowing where all the party were at any point in time and who was looking after each person.

Recommendations:-

Club trips should have a manageable ratio of leaders/experienced people to trip members (this will take into account the type of water and the skill level of the participants. EOTC guidelines suggest 1:4). If a trip/party splits into several groups then new leaders should be appointed or the split team needs to understand they are no longer part of the 'club' trip.

Kayakers need to be totally competent in the kayak of their choice once paddling rivers or rapids above Class III+, and leaders of trips are encouraged to ask about and/or check competency. Members of a party should be encouraged to voice any concerns about another kayakers ability or choice of boat to the leader.

People accepting positions of responsibility or duty of care should ensure they have appropriate equipment (including choice of kayak) and training to render assistance in any reasonable situation the given environment may provide.

In steeper pool/drop rivers getting the swimmer out of the water as quickly as possible is absolutely paramount. Equipment should always be jettisoned if there is at all a possibility of not going over a steep fall/drop.

All clubs are encouraged to complete river safety or rescue courses and upgrade within 2/3 years. The leaders at least should be part of this system. People need to regularly use the skills and decision making required to make efficient and correct judgements (necessary by the nature of the water medium) in a crisis situation. As the level of real risk increases (>class III+) this becomes crucial.

All clubs should be aware of the changing nature of measuring amateur, club practise against professional practise and responsibility. While not in effect in New Zealand currently, recent overseas experience points towards a movement in that direction.

Take a tip from someone who knows how to get to the top

'Choose your route carefully and don't stop climbing until you get there'



Apply now for our mountaineering courses

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- Mountain Instructor Training
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- Avalanche Awareness & Rescue

All of OPC's mountaineering courses are based from our mountain lodge at Tukino, on the eastern slopes of Mt Ruapehu. This is the only dedicated climbing facility of it's type in the North Island, and the ideal training ground for mountaineering and ice climbing.

For more information please contact

The Sir Edmund Hillary Outdoor Pursuits Centre of New Zealand (OPC).

Tel: 0800 OUT THERE (68 88 43)

E-mail: opc@opc.org.nz www.opc.org.nz

Publications from NZOIA



NZOIA Logbooks

The format is an A5, plastic ringbinder (with standard 2 ring).

Cost - single copy: Members \$20 Non-members \$23 (including post & packaging in NZ). A discount is available for orders in multiples of 5 copies - please ask.

Abseiling for Instructors by Bev Smith

A practical guide on techniques and risk management considerations for instructors when taking Abseiling. Special - 3 for \$10.00. inc postage, (or 1 for \$5, inc. p&p).

NZOIA Kayak Instructors Manual by Martin Bell

A practical guide on instructing kayaking for instructors and course designers. 1 or 2 copies - \$25.00 each, inc postage. 3 or more copies - \$20.00 each, plus p&p.

The Eskimo Roll by Bev Smith

A practical guide for instructors and students of kayaking. Available directly from: Bev Smith, 12 Runuku Grove, Turangi. Cost: \$20 each (inc.P&P).

2002 NZOIA AGM - ADVANCE NOTICE

The NZOIA AGM will be held in conjunction with Outdoors New Zealand AGM & Industry Forum.

Friday 6th / Saturday 7th September in Auckland

The NZOIA AGM will be on the SATURDAY afternoon (more details later).

PUT THE DATE IN YOUR DIARY NOW!

NZOIA ASSESSMENT CALENDAR for balance of 2002

Course & Location	COURSE DATE	Closing Date	Course & Location	COURSE DATE	Closing Date
Kayak FW Auckland	November 2-3	October 1	Rock 1 Christchurch	Sept 21-22	August 10
Kayak 1 Christchurch	October 11-13	September 5	Auckland	October 12-13	September 5
Central NI	November 15-17	October 5	Christchurch	Nov. 2-3	October 1
Christchurch	November 22-24	October 10	Dunedin	Nov. 23-24	October 15
Kayak 2	On request		Rock 2 Whanganui Bay	Nov. 15-17	October 10
Abseil 1 Auckland	October 26-27	September 20	Bush 1 South Island	Nov 2-4	October 1
Abseil 2 Christchurch	October 26-27	September 20	Bush 2 North Island	Nov 14-17	October 10
Cave 1 Waitomo	Sept. 7-8	August 1	Alpine 1 North Island	September 7-9	August 1
Cave 2 Nelson	October 11-13	September 10	South Island	Sept 14-16	August 5
Outdoor 1	On request		South Island	October 12-14	October 1
Canoe	On request		Alpine 2 South Island	October 4-7	September 1
			Indoor Wall	On request	

Booking a NZOIA assessment !

The booking routine - you must have completed the prerequisites before applying for assessment. Please check the syllabus - they are all available on the NZOIA website at: www.nzoia.org.nz

You must also be a current member of NZOIA. To apply for a place on an assessment, obtain an assessment application from the administration officer (or from the website) and return it by the closing date with:

- a \$100 deposit;
- a copy of your log;
- a copy of your current first-aid certificate, (and the application form).

We allocate places on assessment courses a on first-in, first-served basis. After the closing date, we will send you confirmation of your booking. You must pay the balance of the course fee before the assessment. If we cancel the course, we will refund all fees. If you withdraw before the closing date, we will refund your deposit. If you withdraw after the closing date, we will refund 50% of your deposit.

Course fees: Two day \$370 Three day \$495 Four day \$640

Assessment by special arrangement -

It is possible to arrange assessments on other dates or for specific groups. Please contact Kate Bowes, assessment co-ordinator, (assessment@nzoia.org.nz) or Steve Scott, administration officer (ao@nzoia.org.nz) - see page 2 for full contact details.

Workplace training - If you are training on the job, SFRITO funds may be available to subsidise the cost of a NZOIA assessment.

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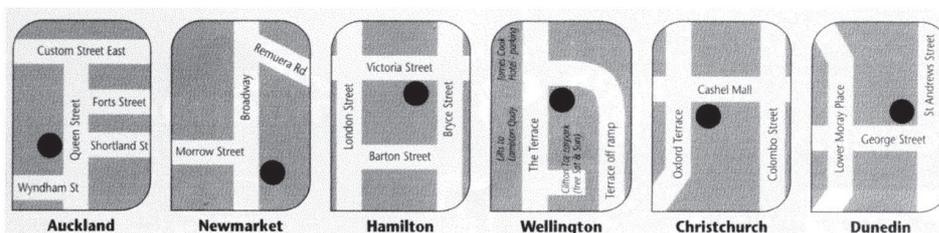
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The *NZOIA Quarterly* is the newsletter of the New Zealand Outdoor Instructors' Association,
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