

Kayak Level 2 Logbook Summary Sheet

Name: _____

The purpose of this summary sheet is for you to be able to clearly quantify your personal and instructional experience in relation to the pre-requisite requirements as outlined in the NZOIA Kayak Level 2 syllabus. It is important to be aware that the days listed in the syllabus are seen as an **absolute minimum** expectation for those who are considering presenting themselves for assessment. Please summarise all your logged experience, not just the minimum requirements.

All sections need to be recorded in number of trips (1 river trip=no less than 2 hrs duration from put-in to get-out on a recognised section of river).

Summary of personal and instructional experience	Total
Total number of trips (no less than 100 river trips on at least 10 different rivers including no less than 20 river trips on Grade 4 or above)	
Details of personal experience	
Total number of personal river trips (formal training days not included)	
Of these, how many trips were on Grade 4 or above <i>List river sections, river and grade</i>	
Details of instructional experience	
Total number of river trips leading and managing groups (no less than 40)	
Of these, how many were on Grade 3 or above (no less than 20) <i>List river sections, river and grade:</i>	
Instructing intermediate/advanced kayak skills	
Number of rolling sessions (no less than 10)	
Number of flat-water teaching sessions (no less than 10)	
Number of moving water teaching sessions (no less than 10)	
Number of play-boating sessions (no less than 10)	
Number of slalom sessions (no less than 10)	
Number of river rescue techniques sessions (no less than 10)	
Teach to Teach Kayaking	
Number of rolling sessions (no less than 5)	
Number of flat-water teaching sessions (no less than 5)	
Number of moving water teaching sessions (no less than 5)	
Number of river trips (no less than 5)	
Number of river rescue techniques sessions (no less than 5)	
Formal Training	
Number of days of formal instruction you have <i>received</i> as part of a programme, training course etc Have you attended a pre-assessment training programme administered by a NZOIA Kayak award holder? If yes, when & where?	YES NO