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| Alpine 1  *NZOIA Summary Sheet* | NZOIA logo Revise Final 2010 jpg | |
| **Name:** Click to enter text. | | |
| The purpose of this form is to summarise your logbook so we can clearly see the prerequisite days required for this qualification. These are an **absolute minimum** expectation for those planning to sit this assessment. Please summarise all your logged experience.  An Alpine day is considered to be at least 6 hours. | | |
| Summary of personal and instructional experience | | Total |
| Total number of days (at least 40, formal training days included) | | # of days |
| Details of personal experience | | Total |
| Total number of days personal alpine travel in both winter and summer conditions (**at least 20**, formal training days not included) | | # of days |
| Of these, how many nights were spent camping/bivvying in the snow **(at least 5)** | | # of days |
| ***List locations:***  Click to enter text. | | |
| Details of instructional experience | | Total |
| Number of days as an assistant instructor/guide, co-instructor/guide, or instructor/guide  in both winter and summer conditions (**at least 10**) | | # of days |
| Of these, how many nights were spent camping in the snow with groups (**at least 5**) | | # of days |
| ***List locations:***  Click to enter text. | | |
| Formal Training | | Total |
| Number of days of formal instruction you have *received* as part of a programme, training course etc. | | # of days |
| Have you attended a pre-assessment training programme administered by a NZOIA Alpine qualification holder? | | Yes or No? |
| ***If yes, when & where:***  Click to enter text. | | |