

Wed 13 Oct	Thurs 14 Oct	Friday 15 Oct	Saturday 16 Oct	Sunday 17 Oct														
<p>0900 - 1700 NZOIA Assessor Training</p>	<p>0800 - 0900 Assessor Registration Open</p> <p>0900 - 1700 Assessor Conference</p>	<p>Half Day Professional Development Workshops</p> <table border="1"> <thead> <tr> <th data-bbox="474 188 862 220">AM</th> <th data-bbox="862 188 1232 220">PM</th> </tr> </thead> <tbody> <tr> <td data-bbox="474 236 862 347"> 0800 – 1230 How to look cool on a mountain bike. Progression in MTB skills (Ash Peters) </td> <td data-bbox="862 236 1232 347"> 1300 – 1700 Adventure Therapy! (Helen Jeffery, Simon Goodwin, Kelly O'Hagan) </td> </tr> <tr> <td data-bbox="474 363 862 459"> 0830 – 1230 Rope Rescue LandSAR styles (Keith Riley) </td> <td data-bbox="862 363 1232 459"> 1300 – 1630 Rivers, crossing and some 'How'! (Jim Masson) </td> </tr> <tr> <td data-bbox="474 475 862 571"> 0830 – 1230 Same Activity, Different Outcome (Adventure Specialties) </td> <td data-bbox="862 475 1232 571"> 1300 – 1700 Whitewater kayak Spring tune up (Phil Johnston-Coates) </td> </tr> <tr> <td data-bbox="474 587 862 730"> 0900 – 1230 Investing in an inclusive course culture to support transformational experiences (Karen Bruce & Christian Martin) </td> <td data-bbox="862 587 1232 730"> 1300 - 1600 First Aid – The last 10 years and the next! (Campbell Doak, Dr Robin Barraclough, Andrew Odgers) </td> </tr> <tr> <td data-bbox="474 746 862 810"> 0900 - 1200 Weather for winners (Zak Shaw) </td> <td data-bbox="862 746 1232 810"> 1300 – 1700 Practical rock rescues (Loz Ogle) </td> </tr> <tr> <td data-bbox="474 826 862 935"> 0900 - 1200 How to use your safety audit to improve safety procedures (Mike Pennefather) </td> <td data-bbox="862 826 1232 935"> 1300- 1600 Building the fourth wall (Jeff Lappin) </td> </tr> </tbody> </table>		AM	PM	0800 – 1230 How to look cool on a mountain bike. Progression in MTB skills (Ash Peters)	1300 – 1700 Adventure Therapy! (Helen Jeffery, Simon Goodwin, Kelly O'Hagan)	0830 – 1230 Rope Rescue LandSAR styles (Keith Riley)	1300 – 1630 Rivers, crossing and some 'How'! (Jim Masson)	0830 – 1230 Same Activity, Different Outcome (Adventure Specialties)	1300 – 1700 Whitewater kayak Spring tune up (Phil Johnston-Coates)	0900 – 1230 Investing in an inclusive course culture to support transformational experiences (Karen Bruce & Christian Martin)	1300 - 1600 First Aid – The last 10 years and the next! (Campbell Doak, Dr Robin Barraclough, Andrew Odgers)	0900 - 1200 Weather for winners (Zak Shaw)	1300 – 1700 Practical rock rescues (Loz Ogle)	0900 - 1200 How to use your safety audit to improve safety procedures (Mike Pennefather)	1300- 1600 Building the fourth wall (Jeff Lappin)	<p>0800 Clean up</p> <p>0900 AGM followed by early lunch and Symposium closing</p>
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<p>1830 Dinner</p> <p>Social Time (Assessors) 2000 - 2100 Assessor Registration</p>	<p>1830 Dinner</p> <p>Social Time 1930 Workshop Facilitators Meeting 2000 NZOIA Board Session</p>	<p>1830 Dinner</p> <p>1900 Caving update Kieran McKay</p> <p>1930 Workshop Facilitators Meeting</p> <p>2000 Tertiary programme harmonisation across the sector (for Tertiary Tutors) Facilitated by Peter Eley.</p> <p>Social Time</p> <p>1845 Awards Dinner and Social Time</p>																

Friday | 15 Oct – Professional Development Workshop Descriptions

FRI - FULL DAY

Surf's UP! - 0830 – 1600

Jon Harding | Army Leadership Centre | NZOIA Sea Kayak 1

Tips and tricks for launching, landing and looking good while out in the surf in your SEA KAYAK. Launching and landing on surf breaks or steep beaches may be the best option whilst sea kayaking but also presents its own challenges. We will explore and practice different methods for having a good time whilst handling yourself in this environment. Ideally suited to those with some experience of surf kayaking. Must have a reliable roll. Please wear warm gear for getting wet, a dry top or dry suit/wetsuit. A hot head and ear plugs are recommended. If possible bring your own gear and boat.

FRI – AM

How to look cool on a mountain bike. Progression in MTB skills – 0800-1230

Ashley Peters | WORD | NZOIA MTB2 Assessor

Sure, you can ride, but do you look good doing it? Now's your chance to learn some rad tricks like wheelies, pumping and maybe even some jumps (oh yeah baby!) We'll also have chats around what progression looks like across a range of MTB skills and how to do so safely (personally and within a group). And snacks, we'll most definitely eat snacks. You'll need to be able to ride a bike and have had experience on single track. Equipment needed: MTB & helmet, water bottle, snacks, plus any fancy tools or padding you want to bring along.

Rope Rescue LandSAR styles - 0830 – 1230

Keith Riley | LandSAR trainer | West Coast Canyon & Whitewater SAR team coordinator | NZOIA Rock 2, Alpine 2, Kayak 2, Bush 2 & NZOIA Assessor

Looking at common LandSAR rope rescue principles and methods. How they differ or complement those used in Outdoor Education, and how we can improve our own professional practise. You require some experience with accessing steep terrain with ropes. Please bring a helmet, what you would typically have on your harness on a canyon/climbing/mountaineering day and a rope if baggage allowance allows!

Same activity, different outcome – 0830 – 1230

Adventure Specialties Field Instructors | NZOIA Bush 1, Sea Kayak 1, MTB 1, Rock 1

One of Adventure Specialties Trust's core aims is to use outdoor adventure experiences to help people become more self, socially, culturally, and environmentally aware. Join a couple of their instructing team as they model what that may look like throughout the course of an afternoon workshop, based at Cave Stream. No experience necessary. You will need to bring thermals, fleece, spare shoes, a towel and a change of clothes.

Investing in an inclusive course culture to support transformational experiences - 0900 - 1230

Christian Martin | NOLS NZ Director

Karen Bruce | NOLS NZ Assistant Director | NZOIA Bush 1, Kayak 1 & Sea kayak 2

In this workshop, we will look at the foundations of group development, the importance of creating a positive learning environment, and maintaining an inclusive course culture. We will draw on experiences from NOLS' wilderness expeditions and share some practical tools for exploring concepts like identity, implicit bias, and structural discrimination. Participants will learn how to better identify and respond to situations to enhance group performance that celebrate equity and diversity as well as developing self-awareness to lead and support all students in their growth. The session will be a mix of interactive activities, facilitated discussion, and content delivery.

Weather for winners - 0900 - 1200

Zak Shaw | Tai Poutini Polytechnic | NZOIA Bush 2, Alpine 1 & NZOIA Assessor

A Meteorology workshop. During the session Zak will share his current approach to teaching and inspiring people about Meteorology. The workshop will have a blend of theoretical delivery and practical outdoor based sessions. People that sign up for this workshop will leave with ideas related to how to impart knowledge and engage learners. Overtime Zak has created teaching and learning resources. He will share these and use them within the workshop to coach workshop participants. This workshop is best suited to anyone who is looking ahead to NZOIA Bush Leader, Bush 1, Alpine 1 and those looking for ideas related to teaching Meteorology. The workshop will serve as a revision on Meteorology for anyone with a current Bush or Alpine qualification. Bring a pen and paper.

How to use your safety audit to improve safety procedures – 0900 – 1200

Mike Pennefather | AdventureMark Audit Manager - Lead Auditor, TE Swift Water Rescue/ Kayaking | Rescue 3 International water instructor | NZOIA Multisport Kayak

The audit process can be viewed from 2 perspectives: a bureaucratic evil that is simply a cost of doing business these days, OR a productive, impartial review of your systems and processes to ensure you're doing the best you can to align with industry good practice and be in the best position to weather an investigation when an incident does occur. The aim is to dispel the myth that a SMS needs to be a convoluted, difficult to understand document. Please think about any questions/concerns you have with the Adventure Activity auditing process and email them to Mike mike@adventuremark.co.nz (or feel free to ask as many questions as you like on the day). Aimed at any of you interested in getting better value from your audits. Bring pen and paper if you are a note taker.

FRI – PM

Adventure Therapy! – 1300 - 1700

Helen Jeffery | Occupational Therapist | Adventure Therapy Aotearoa | Otago Polytechnic senior lecturer

Simon Goodwin | Adventure Therapy Aotearoa | NZOIA Bush 2, Cave 1, Kayak 1, Rock 1 & NZOIA Assessor

Kelly O'Hagan | Adventure Therapy Aotearoa | NZOIA Kayak 1

We all know that adventurous activities in the outdoors has a positive impact on health and wellbeing, but do we understand why and how this can be nurtured in our work? Some concepts regarding the influence on health (mental health in particular) will be shared. Participants will have an opportunity to consider the continuum between outdoor education, therapeutic use of adventure and adventure therapy and where they stand on that continuum. The therapeutic side of activities and connection with nature will be explored. Facilitation strategies that include therapeutic communication skills will be presented and practiced. Most importantly, participants will gain an understanding of safe professional boundaries when working with vulnerable people. No equipment or specific experience required.

Rivers, crossing and some 'How'! - 1300 – 1630

Jim Masson | NZ Defence Force | NZ Army Leadership Centre | NZOIA Alpine 2, Bush 2, Rock 2 & Assessor

Diving into a range of river crossing related techniques and talking about the relevance and application of various methods. Open to anyone interested, irrespective of experience, although a 'want' to get wet is necessary. Please wear good sturdy shoes, warm clothing and bring a light pack.

Whitewater kayak Spring tune up - 1300 – 1700

Phil Johnston-Coates | Tai Poutini Polytechnic | NZOIA Kayak Leader Assessor | NZOIA Kayak 2, Bush 2, Rock 1.

Looking for a spring tune up on your river kayaking skills? Hungry for some friendly feedback on your technique? Join Philly J, Tai Poutini tutor and NZOIA Kayak 2 in this workshop to hone your skills, both personal and instructional. Must be comfortable paddling and rolling on grade 2. This is not a beginners course. Dress for paddling and swimming in cold conditions. Byo kayak, paddle, sprayskirt, Helmet, throwbag.

First Aid – The last 10 years and the next! - 1300 – 1600

Campbell Doak | PHEC Instructor | Emergency Medical Technician | Outdoors Instructor | NZ Society for Mountain Medicine

Dr Robin Barraclough | Urgent Care Doctor | Alpinist | NZ Society for Mountain Medicine

Andrew Odgers | Registered Paramedic | Outdoors enthusiast

This session focuses on delivering contemporary first aid techniques from recent research and guideline updates. Especially focussing on cervical spine injury management, hypothermia in the outdoors and traumatic injuries. Sessions will be a mixture of practical, and theory, with the opportunity to take part in short scenarios. To attend this workshop you will need to have either PHEC, WFR or an Outdoor First Aid. Equipment: optional own first aid kit.

Practical rock rescues – 1300 – 1700

Loz Ogle | Basecamp Adventures | NZOIA Assessor Rock Leader & Climbing Wall | NZOIA Rock 2

Which ones do we use and what should we be practicing just in case? A look at rock rescues in real situations, gear needed, speed and safety. Experience needed: competent belayer and knowledge of rock rescues. Please bring harness, helmet, rope if you have one, prussiks and other climbing gear you would use in a rescue situation.

Building the fourth wall - 1300 - 1600

Jeff Lappin | Adventure Specialties | NZOIA Bush 1 & Rock 1

Why do we do what we do? What is it that inspires us, floats our boat, excites us, gets us out of bed in the morning, and why do we think that it's so great that we want others to experience it as well? We might believe that outdoor experiences challenge us, change us, inspire us, refresh us, but what part of us is it that is so captivated by the notion of adventure? Using the Te Whare Tapa Wha model of hauora we'll be looking at Taha Wairua, the spiritual wall of our whare. No specific experience or equipment necessary.

Saturday | 16 Oct - Professional Development Workshop Descriptions

SAT - FULL DAY

Alpine Workshop: Sharing knowledge and collaborating on facilitation tips and tricks for Alpine Instructors - 0800 – 1700

Sarah English | OENZ | NZOIA Alpine 1, Avi L5

This is an opportunity for alpine instructors to spend a day sharing ideas and knowledge. A way to bridge the gap for those who often work alone to moderate and/or bounce information. To understand more about what others are doing and share what you are doing within your organisation or as a contractor within the alpine world. You will need to have your NZOIA Alpine 1 qualification to attend. Equipment needed: crampons, ice axe, helmet, avalanche transceiver, probe and shovel if possible, or note on gear hire you need to borrow it.

SAT - AM

"Beyond 3 points of contact" – Intermediate Rock Climbing Movement Skills - 0800 – 1200

Sash Nukada | Hillary Outdoors Programme Manager | NZOIA Rock 2 & Assessor

Want to sit Rock 2 but put off by the grade 20 trad lead? Want to lead grade 20 trad with style and grace? Want to make rock climbing even more fun than it already is? Sick of injuries stopping you from progressing to the next level? Do you want to teach beginner and intermediate climbing technique? (Intermediate being grade 16-21). Then this is the workshop for you!! Learn about movement skills for rock climbing to take you (and your students) to the next level. Intermediate climbing ability required (able to sport lead grade 16-18). Please bring your climbing shoes and a chalk bag.

The Kayak ADVANTAGE – 0830 - 1200

Curtis Vermeulen | ARA Canterbury | NZOIA Kayak 2 & Assessor

Aimed at kayakers who want to aspire and refresh their skill set. Modernising the kayaker's toolbox to expel the historical grunge. Mechanical advantage, 3:1, 5:1, Vectors, Anchors and loads. Advantage yourself in this practical and progressive workshop. You may want to bring personal kayaking rescue hardware, although it's not essential.

Ngahere Secrets - 0830 - 1200

Diana Johnston | Adventure Specialties Trust | NZOIA Bush 1

Understanding the bush and its diversity can help connect groups more strongly with our natural world. Learn new plants, what makes them special, traditional uses, and ways to make the bush a great place to learn. Aimed at those heading towards Bush Leader, Bush 1, or wanting to brush up on their bush knowledge. Wear clothing and bring food appropriate for a half day out in the bush. Please bring a sharp knife (e.g. a pocket knife or multi tool) if you have one, as well as any bush resources you have as we'll have a sharing time.

Birth of the Canyon Ninja - 0830 – 1230

Shanan Fraser | Swiftwater Rescue Technician and Canyon Rescue Instructor | NZOIA Canyon 2

Foundational movement skills in a canyoning context. Content may include: Ascending, Descending, passing knots. Jumping. Sliding. Experience: You must be able to swim, preferably comfortable on a rope with basic rigging skills. Equipment needed: Wetsuit (at least 4mm), Harness with double lanyard/cowstails, figure 8 descender & carabiner, 4x carabiners, 2x Ascenders (preferably mechanical), helmet, flat soled shoes, neoprene socks. Pack & drybag or drum, towel, change of clothes. Optional: gloves, goggles (recommended), paddle jacket, 30-60m static rope.

First Aid – The last 10 years and the next! - 0900 – 1200

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Mana and Mindset: Training leaders for impactful leadership – 0900 – 1030

Elliot O'Brien | NZ Army Leadership Centre (Captain) | NZOIA Bush 1

Pip Rees | NZ Army Leadership Centre | NZOIA Bush 1, Rock 1 (Sport climbing endorsement) & Cave 1

This workshop facilitates a discussion about design of training to target specific developmental outcomes for leaders who start with a wide variety of skills, experience and work contexts. In particular, it will explore strategic self-awareness tools (including psychometric analysis), a resilience framework (mental skills and supporting planning and reflection) and how leaders tie these together to create an action plan.

SAT - PM

“Beyond 3 points of contact” – Intermediate Rock Climbing Movement Skills – 1300 - 1700

Sash Nukada | Hillary Outdoors Programme Manager | NZOIA Rock 2 & Assessor

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How to look cool on a mountain bike. Progression in MTB skills – 1300-1700

Ashley Peters | WORD | NZOIA MTB2 Assessor

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Simple rope work – your mobile insurance policy – no mystery - 1300 – 1700

Chris Prudden | ACR trainer & Assessor | ATC tech expert & Assessor | NZOIA Alpine 2 & Assessor

The dynamic climbing rope. Understanding it and how to apply it in your climbing and instructing. A keen interest is necessary, preferably with some climbing and ropes experience. Ideally please bring 20m of dynamic rope, 2 carabiners, 1 HMS locker and 1 snap link, and 4m length of nylon webbing.

First Aid – The last 10 years and the next! - 1300 – 1600

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Same activity, different outcome – 1300 - 1700

Adventure Specialties Field Instructors | NZOIA Bush 1, Sea Kayak 1, MTB 1, Rock 1

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Quick & Dirty Rescue Skills for Canyoning - 1300 – 1700

Shanan Fraser | Swiftwater Rescue Technician and Canyon Rescue Instructor | NZOIA Canyon 2

A look at Time critical rescue techniques for canyoning. Content may include, quick hauls. Breaking a block, counterbalance rescues, mechanical advantage. Prerequisite: Must be able to operate on rope unsupervised. (Ascending, Descending, personal safety). Familiar with releasable abseil setups. MMO, tied off Italian hitch etc. Equipment needed: Wetsuit (at least 4mm), Harness with double lanyard/cowstails, figure 8 descender & carabiner, 4x carabiners, 2x Ascenders (preferably mechanical), helmet, flat soled shoes, neoprene socks. Pack & drybag or drum, Towel, change of clothes, optional: gloves, goggles (recommended), paddle jacket, 30-60m static rope