

NZOIA™ Sport Climbing Instructor Scope and Syllabus

Scope

Sport Climbing Instructor Profile

The NZOIA Sport Climbing Instructor can:

- Plan and prepare top rope and lead climbing sessions using fixed protection.
- Lead and manage groups during top rope and lead climbing sessions using fixed protection.
- Apply effective safety management.
- Instruct the rock climbing skills required for positive, educational and safe experiences.
- Prepare and plan teaching sessions.
- Role model accepted codes of environmental practice.

Instructional Scope

The holder of this qualification can organise and instruct bouldering, top rope climbing and lead climbing at single pitch indoor/artificial and outdoor sport climbing venues using fixed protection.

Pre-requisites

- The NZOIA Sport Climbing Instructor will have no less than 40 days climbing experience, at indoor/artificial and outdoor venues, which will include at least 20 days personal climbing and at least 10 days instructing sport climbing. Instructing experience can include being a co-instructor or assistant instructor.
- Sport climbing experience is to be at a minimum of 3 different outdoor sport climbing areas and 3 different indoor/artificial sport climbing areas.
- A rock climbing day is considered to be at least four hours climbing and no less than four pitches climbed.
- The NZOIA Sport Climbing Instructor will hold a current First Aid qualification
- The NZOIA Sport Climbing Instructor will be 20 years old or over.

Revalidation

The NZOIA Sport Climbing Instructor qualification remains valid as long as the holder completes NZOIA's revalidation and registration requirements.

Progressing to Instructor Level 2 Qualifications

As the NZOIA Sport Climbing Instructor gains more experience, they can progress to gaining the Level 2 qualification. The steps they can follow include:

- Gaining the experience outlined in the NZOIA Rock Instructor Level 2 pre-requisites.
- Attending an NZOIA Level 2 training course.
- Working with an NZOIA Level 2 Rock Instructor.

Syllabus

Technical Competence

1. Describe sport climbing history and ethics.
2. Demonstrate the care and appropriate use of sport climbing gear and equipment.
3. Construct workable, fail safe anchor systems.
4. Construct a top rope climbing system.
5. Demonstrate efficient and safe climbing techniques.
6. Demonstrate efficient and safe belaying technique.
7. Demonstrate rescue skills.

The Environment

8. Understand and role model accepted codes of environmental practice.
9. Understand and work within the specific rules and regulations of Indoor climbing venues/facilities.
10. Demonstrate cultural and environmental knowledge and interpretation of climbing sites visited.

Group Management and Leadership

11. Plan and prepare a top rope climbing and lead climbing session.
12. Lead and manage a group during a top rope and lead climbing session.
13. Apply effective safety management.

Instruction

14. Instruct the sport climbing skills required for a positive, educational and safe experience.
15. Prepare and deliver a teaching session.