

NZOIA™ Canoe Instructor Level 1

Scope and Syllabus

Scope

Canoe Instructor Level 1 Profile

The NZOIA Canoe Instructor Level 1 is able to:

- Plan and prepare for a multi-day canoe trip
- Demonstrate role model canoeing skills on class 2+ whitewater
- Lead and manage groups on class 2 whitewater and open water
- Lead and manage groups on multi-day trips
- Apply effective safety management
- Teach flat water canoeing skills
- Teach moving water and river running skills on class 2 whitewater
- Role model accepted environmental practices
- Provide interpretive information about sites visited

Instructional Scope

The holder of this qualification can organise, instruct and lead multi-day canoe trips on moving water up to class 2, and in coastal, lake or open water areas where adverse conditions and limited periods of exposed coast may be encountered.

Adverse conditions being; wind up to 10 knots, swell no higher than the freeboard and tidal current of up to 4 knots.

Pre-requisites

The NZOIA Canoe Level 1 will have no less than 40 days canoeing experience in a variety of locations and conditions. This will include no less than:

- 20 days personal experience on at least 3 different rivers
- 10 days of instructing or guiding experience (including 5 days on grade 2 and 15 instructional sessions of a minimum of 1 hour per session)
- The total must include 3 multi-day trips (1 being greater than 2 nights)
- The total must include 5 days on open water

Instructing/guiding experience can include being a co-instructor/guide or assistant instructor/guide

A day is considered to be at least 4 hours on the water. Sessions can be accumulated to make a day.

The NZOIA Canoe Level 1 will have:

- Attended a NZOIA/WWNZ River Rescue 1 course
- A current First Aid qualification

The NZOIA Canoe Instructor Level 1 will be 20 years old or over.

The pre-requisite experience requirements are minimums, extra days are recommended so that a broad range of variables are experienced.

Revalidation

The NZOIA Canoe Instructor Level 1 qualification remains valid as long as the holder completes NZOIA's revalidation and registration requirements.

Syllabus

Technical Competence

1. Describe the development of open canoeing
2. Demonstrate the care and correct use of canoeing gear and equipment
3. Demonstrate personal canoeing skills on class 2+ whitewater
4. Demonstrate river rescue skills
5. Demonstrate location awareness
6. Demonstrate campcraft skills for established sites

The Environment

7. Apply nautical and weather interpretation and forecasting skills
8. Role model accepted environmental practices
9. Demonstrate and / or describe cultural and environmental knowledge and interpretation of sites visited

Group Management and Leadership

10. Plan and prepare for a multi-day instructional and guided trip
11. Lead and manage a group up to and including class 2 white-water
12. Apply effective safety management

Instruction

13. Prepare and deliver teaching sessions
14. Teach flat water canoeing skills
15. Teach moving water skills
16. Teach river running skills