

# NZOIA Quarterly

NEWSLETTER OF THE NEW ZEALAND OUTDOOR INSTRUCTORS ASSOCIATION

Issue 38

September 2006

## FORWARD THINKING >>>

The front that moved across Fiordland in mid January dumped enough rain to turn the trickling Caples River into an engorged beast of whitewater. My heart was definitely pumping as Ben and I eased our way into the torrent, following the orange track markers guide as to where to cross. Elbows linked, we stood firm in the waist deep current, while overhead trees leaned together and thrashed in the storm. The noise was deafening.

Using a partly submerged log as a handrail and a drowning tree as a support, we were able to move quickly across the torrent, both of us happy that we didn't have to do that again. Within 50 metres the track markers said 'cross back'. For some reason the markers had led us out onto an island in the middle of the current. We looked at the second crossing and shook our heads – too deep, too fast and, with the line-up of fallen logs immediately downstream, too serious.

We back-tracked and re-entered the torrent. Only minutes since we had last been there, it was now chest deep. Thankfully my tramping buddy was a big boy and using his bulk as an anchor we swung across to the helpful trees. Within minutes we had walked easily up the true right bank of the river and reconnected with the track. Looking at each other, we cursed the designer of the track for putting in such unnecessary crossings, and hoped that the foreigners we had met in the hut knew better than to attempt to cross that engorged flow.

It turned out that they had no concept of what a river in flood looked like or just how dangerous a flooded river could be. Attempting the second crossing, one of them was swept away and pinned under a log.

### HE SHOULD HAVE DIED

The foreigner – a German man called Peter Groen – was able to wrestle himself free from the log, whereupon he was tumbled downstream into another one, which broke with the force of impact. Thrashing for his life, he somehow managed to swim to the shore, pack still on his back, and claw himself to safety.

He had been walking that day with three other tourists – Nancy from California, Charles and Guy from Quebec. The Canadians threw Peter one end of their tent fly, which just reached him. Then, throw-bag style, they hauled his wet carcass back to their side of the river. Incredibly, they continued on and every time the track markers said 'cross'

they did so, one person stepping out holding the tent fly, then using it to haul the others across the flood.

I discovered all of this because we met at McKellar Saddle. Ben and I had ignored the track guides and bashed with a small amount of difficulty (not too bad for off-track Fiordland conditions) up the true right of the river. As we sat eating our lunch and trying to dry out in the first sunshine of the day, the four foreigners turned up, looking to varying degrees like stunned mullets.

"Is it always like this?" whispered Nancy. It was her second day of tramping in New Zealand. When told he was a lucky man, Peter's eyes refocused on the present and he leaned towards me. "I know," he exclaimed, a man at his own execution left wondering how all the bullets had missed him.

He should have died due to a combination of his inexperience and a poorly designed section of track. That area of Fiordland has a reputation for being user friendly towards folks with little tramping experience. And it is – the tracks are well marked, the huts adequately functional and picturesque, the scenery enchanting. And most of the stream and river crossings are well catered for, with bridges of various constructions. So why then did the river crossings on that section of track not cater for the bulk of the souls traveling that way – namely inexperienced overseas folk, often embarking on their first taste of NZ tramping?

### IS THE TRACK A HANGOVER?

It seemed so anomalous that the river crossings in the Upper Caples were not catered for in the same vein as the other crossings in the area. Upon reflection, it could be for a number of reasons: perhaps the Caples does not flood so spectacularly, so quickly, that often. Yet given the amount of rain that falls in Fiordland, year in, year out, I would doubt this.

Perhaps the track is designed to give new trampers a bit of everything as an introduction to NZ conditions – an easy path to follow, some easy sections of river to ford, swing bridges and wooden walkways, a steep bit, great camping, sandflies and sunsets, bogs and beauty.

But perhaps the track is a hangover – that is where the track has always gone, so the new route markers simply follow the old. If this latter is the case, then it highlights a lack of planning or forward thinking. *continued page 4...*

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## MEMBER ORGANISATION



## NOTICES ~ NOTICES ~ NOTICES ~ NOTICES

### Sea Kayak Awards – clarification

There is a bit of confusion about the sea kayak awards and assessments so we've changed the assessment calendar to clarify things.

- If you already hold the SKOANZ Guide award you can upgrade to the Sea Kayak 1 instructors award by completing a one day upgrade assessment.
- If you are not a SKOANZ Guide, the 4 day Sea Kayak 1 assessment is for you. This includes the 3 day Guides award, plus the one day instructor upgrade (There is also the option of doing just the 3 day guides assessment).

# Executive Report — ANNUAL REPORT 2005 TO 2006

## **The 2005 to 2006 year has been something of a transitional period with changes in governance and administration.**

After beginning his second year as President, Matt Cant was required to step down having accepted the part-time contract position of Chief Executive in January. Rather than call a special general meeting the Executive elected Steve Milgate to the role of Chairman to see the committee through to this AGM, and in effect the business of Executive meetings continued very much as usual. So, this is a joint report by Matt Cant and Steve Milgate.

Over this year the association has continued to grow with membership peaking at 465, a 4% increase. 147 candidates have presented for assessments representing an increase of 4.3%. Overall our assessment pass rate has been approximately 96%.

Anne Tresch at *Outdoors NZ* has taken over our accounting work and performed an excellent job. Our financial audit has been thorough and indicates that our accounting practices are in good order. Much effort has been put into isolating and attributing costs in an accurate way to enable more detailed analysis of such things as individual assessment costs. This will better enable future budgetary decision making. Further to this our accounting procedures have changed somewhat and this is reflected in the financial reports which show some differences from previous years.

Overall our financial position is little changed from last year despite significant cost increases in staffing. Both the Chief Executive and accounting services are expenditure items we've avoided for some years through voluntary effort.

The Executive committee and staff have been busy working on a number of projects that will help ensure that the future of the association is not only secure but relevant to the changing environment around us, and to the needs of our members and other stakeholders. Of particular significance are the following:

1. REGISTRATION – we are currently working towards a membership model that aligns more closely with the concept of being a registered instructor than a member of an association. This links with a number of other matters, most notably the future requirement for instructors to maintain currency through ongoing and regular professional development. The Executive are concerned to get the process of revalidation right and to this end funded an extensive research project to review what occurs overseas.

2. OVERSEAS LINKS – Also a factor in the above. This year Matt took the opportunity while in Europe to meet with the UIAA (International Union of Alpine Associations), MLTB (UK Mountain Leadership Training Board) and BCU (British Canoe Union) in order to establish closer working relations with a view to international recognition of our awards. These meetings were fruitful, timely for the other parties and should result in tangible member and employer benefits in the future. Our member survey indicated that 56% of respondents intended to work overseas and over 90% wanted international cross crediting arrangements and improved award portability. To achieve this, alignment of awards is necessary and the maintenance of currency requirements is a factor. This is a priority area for the Executive.

3. TRAINING – Our programme of kayak training, generously supported by Water Safety NZ, was a considerable success. In total 11 courses were run for 58 participants between Queenstown and Auckland in both sea and whitewater disciplines. Again, the member survey provided clear direction in this area and a comprehensive training programme in all major award areas has been planned for the coming year. While NZOIA will be running this programme itself, employing members as instructors, we are also committed to supporting those organisations that employ members and those individual members who wish to offer scheduled training courses. We will add these to the calendar as we are informed of them provided that instructor award level and currency requirements are met.

4. STRATEGIC PLANNING – Lisa Casagrande was recently employed to facilitate our strategic review. She brought a refreshing and very different approach to the task and focused our efforts squarely on our stakeholder groups while reflecting strongly on the results of the member survey. The draft plan we now have offers interesting insight into the organisation and its past and identifies a number of challenges for the future. Lisa is providing direction for us and making us think in new ways and consider issues we would not have identified so strongly ourselves. We look forward to completing the plan later this month and developing a business plan from that.

5. QUARTERLY – As you will have noted the appearance of the Quarterly has changed somewhat over the past year. The Executive have been keen to upgrade this primary interface between ourselves and members. So far we've received positive comments about the format but the

newsletter will only ever be as good as the contents. We encourage all members to submit material and welcome any offers of assistance to track down useful articles and information.

6. LIAISON – The Executive has had an interesting year liaising with key stakeholders within the industry. In particular we have worked to establish closer relations with our professional counterparts in NZMGA, SKOANZ and NZRA. We have continued to contribute to Water Safety NZ and have recently assisted with their strategic review. While we have an established MOU with NZMSC there continues to be differences of opinion on future direction.

**THE EXECUTIVE COMMITTEE MEMBERS** have put in another year of consistent effort and attendance at meetings. Linda has managed the TSC and overseen a wide range of developments in that area. It must be noted that this is a demanding role and not one that is sustainable on an ongoing voluntary basis as the workload is considerable and ever increasing. This will be an issue for the incoming committee to resolve. Richard has taken much responsibility for the Quarterly and overseen the staged upgrade of our newsletter. He's done a fine job hassling people for articles. Paul has had a busy personal year but as our man in Wellington has made time to oversee invoice approval and sign the cheques.

**STEVE SCOTT** our Admin Officer has continued to respond well to the challenges of a growing organisation. His well organised and calm approach keeps the office on track and provides timely reminders to the Executive of essential tasks. Likewise Dale Kington has grown into the complex Assessment Coordination role and worked hard to overcome the challenges of the job.

In summary it has been possible to gain traction on a number of projects that have been simmering for some time due to the decision to employ a part time Chief Executive. This has also allowed us to better maintain regular contact with key stakeholders and contribute in a more visible way to the wider outdoor community. While the benefits of this may seem somewhat intangible the executive is confident that we are heading in the right direction and consolidating our position in the outdoor community.

**Steve Milgate – Chairman, Jan 2006-present**  
**Matthew Cant – President, Sept-Dec 2005**

*continued from page 1...*

### WHAT IF?

Forward thinking is a crucial element of leadership. It's the 'what if?' voice inside your head; the mind that sees a hundred terrible ways for your children to die; the thing that impels you to put away sharp tools, to lock up chemicals, to re-check karabiners. Forward thinking is the tool that gives you checklists so all the right equipment is with you; that makes you write your intentions and give them to someone; it's the thing that gets you to ask permission for access; to put the right number of lifejackets in the boat; to have a Plan B when Plan A has gone wrong.



I do not advocate a 'cotton wool' approach to dealing with dangers in the outdoors. Finding your own way and dealing with the consequences of your decisions is within the essence of adventuring. But fully understanding what you are doing is critical; whoever put the track markers in the Upper Caples or allowed them to be put there, clearly did not foresee the scenario that unfolded during that storm filled day. For those inexperienced people, perhaps a sign with pictures indicating normal and flood conditions, either at the track, the hut or the crossing, would have made a difference. Or even better, re-route the track so there is no need to cross.

Through incorrect supervision or ignorance of that river in a big rain, track markers were put in place that led people into a dangerous situation. Through a lack of experience and thus an inability to recognize a dangerous situation, a trumper was swept away while trying to follow the track markers – markers that he believed told him the safest way to go. The lack of forward thinking, from both parties, contributed to this near disaster.

And while people must always be responsible for their own actions, in this situation it is interesting to ponder who is the leader here. The answer I believe, is with the track markers and by extrapolation, the people who put them there, because it is the markers that led those people along the path, that said 'go this way', that said 'you can safely cross this river'.

### Ray Hollingsworth

*Ray teaches a variety of outdoor subjects at AUT University. He is a NZOIA Rock and Kayak award holder, loves playing guitar, retro boating, multi-day tramping, placing his own gear on lead, reading, philosophizing over wine with good friends, and watching his children grow.*

# OPC Great Barrier

**It took years of planning and patience to make it happen but OPC Great Barrier is now a reality.** — Photos by Ben Allen

The new centre was officially opened by the Prime Minister Helen Clark, Sir Edmund Hillary and Barbara Kendall at Karaka Bay, Great Barrier Island, on the 25 March 06.

Although the weather tried to conspire against the opening with cyclones looming, the trip to the Island went smoothly for the 220 guests aboard the Fuller Jet Raider ferry chartered by OPC for the day.

10 secondary school students also contributed to the success of the opening by participating in a 12-day epic journey from Tongariro National Park to Great Barrier Island. The journey commenced with the students climbing Tongariro, then travelled overland to Lake Taupo, kayaked across Lake Taupo, down the Waikato River, across the Manukau Harbour, crossed to the Waitemata Harbour and sailed to Kaikoura Island where they were met by the Waka Aotearoa One to complete their journey to Karaka Bay, Great Barrier Island in time for the opening ceremony.

The students carried a sacred greenstone from OPC Tongariro to be gifted to OPC Great Barrier.

A quarter of a million secondary school children in the Auckland area will now be able to experience one of New Zealand's most diverse marine environments.

OPC Great Barrier will build on OPC's thirty-year relationship with New Zealand's young people, by offering a range of programmes for youth, adults and the corporate sector.

With increasing demand for the services which OPC offers New Zealand Youth particularly from the Auckland/Northland area, the OPC Trust decided in 1998 to explore the possibility of setting up a marine centre in the Auckland area. After looking at several sites, Karaka Bay, Great Barrier Island was the most suitable. OPC also had the added advantage of being able to lease a portion of the Orama Christian Camp at Karaka Bay which can cater for up to 160 students.

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OPC is currently working with groups of 30 and by the end of the year will be able to accommodate up to 60.

Courses and programmes on Great Barrier will be predominantly marine based such as sea kayaking, sailing, coastering, snorkeling etc. as well as rock climbing, abseiling, gorging and orienteering.



**A quarter of a million secondary school children in the Auckland area will now be able to experience one of New Zealand's most diverse marine environments.**

# Tech Notes >>>

## SAFETY AT THE TOP OF THE CLIFF

by Mike Atkinson

**Overview: There could not have been more contrasting styles - neat, systematic and simple versus messy, random and complicated.**

On the left was Mr Recreational climber who had walked to the top of the crag to set up a top rope. He was sitting on the very edge of the crag, his butt literally hanging over the edge. Unsorted gear spilled out of his pack and exploded over a 3 metre radius – rack, rope, slings and a first aid kit. He starts placing gear, yanking on it, untangling slings, creating more mess as he does so...all within 1 metre of a 12 metre vertical drop. Eventually he creates a top rope set up that he is happy with – all done without any personal safety throughout the exercise.

On the right was Miss Abseil Reassessment who had learnt a lot since her assessment a couple of months ago. She had arrived an hour earlier and set up – rack organised on a gear sling over her shoulder, unused gear stashed in her pack well away from the cliff edge and created a simple yet safe set up - all done with a personal safety throughout – had she tripped, slipped or fainted throughout any stage of the setting up while near the cliff edge she would not have fallen.

There were various points I pondered when observing this process, and mentally I ran through the scenario of what to do when Mr Recreational climber falls to the ground from the top – what do I need to do...first aid, emergency services etc.

There have been a number of accidents in the last few years where instructors in New Zealand have fallen from the top of a crag and sustained significant injuries – broken femur and even paralysed. Safety at the top of a crag is paramount and is often taken too lightly by both recreational climbers and instructors. But it isn't always clear what is safe and what is not.

*continued ...*



## FACTORS TO CONSIDER

If you are planning to walk to the top of a crag to set up climbs and abseils then there are a number of factors for consideration:

- **Footwear & Clothing**

Suitable footwear and clothing that are going to help you stay on your feet are also important factors to consider. For example baggy, flared jeans with flip-flops on your feet are not going to minimise your chances of slipping or tripping – may sound obvious but you'd be surprised!

- **Surface at top of crag**

The surface of the top of the crag – is it rock with good grip (volcanic), slick rock (limestone), grass/tussock, pine needles, bush/mud, loose rocks etc

- **Environmental factors**

Environmental factors are also important to consider. If conditions are wet, icy, windy, muddy etc you may need to put safety controls in place to manage these hazards. If you usually set up a particular anchor without having a safety rope in place and conditions change then you may need to apply a different strategy.

- **Distractions**

Working near the edge with ropes, slings and the students who are waiting and watching are some classic ones.

## LEAD FROM GROUND UP

Leading from the bottom up is always a good way to set up top ropes for a number of reasons:

- On-belay the whole time and can get lowered back down to the ground.
- Role models a style of climbing to your students that they may not have seen
- Focal point is easier to get over the edge – to hang free
- Usually faster and you get to climb!

*If a trip, slip or faint would result in a fall off the top of a cliff....Tie in*

## SETTING UP FROM THE TOP

Before heading to the top of a crag make sure you have a reference point that you can use to locate where you are in relation to where you want to be. Such points may be a pack (put out from the bottom of the crag so you can see it), specific tree, bush or rock – ideally another person to let you know where you need to go.

### 1. Locating where you are

- Use static movements not dynamic...not jumping from boulder to boulder but slowly moving from one point to the next
- Crawl out to the edge on stomach and look over edge, crawl back
- Use solid trees to hang on to

### 2. Using a Rope

- Look for a suitable anchor –well back from the edge. The anchor needs to be as good as one you would set up for a climb or abseil – big/solid bollard (rock or tree), 2 bolts linked together or 3 pieces of quality placed protection linked together. One piece of placed protection does not cut it.
- Tie into the end of the rope as you normally would when climbing
- Work out how much rope is needed to get to the edge of the crag and no more – tie an overhand or figure 8 and clip it into the focal point of your anchor with a locking biner
- Attach a prussic (classic or klemheist) to the rope and attach to the belay/abseil loop with a locking biner. *continued ...*

## >>> *Always back-up a prussic – never rely on a prussic by itself*

- Slide the prussic back and forth as you go the edge and back making sure the prussic is always above you – so the prussic does not get shock-loaded if you fall – remember that prussic cord is static (no stretch) and potentially can create a high fall factor. You are now able to go back and forth from the edge without concerns.



### **WHAT IS CONSIDERED SAFE AT THE TOP OF THE CRAG?**

It is a matter of judgement – ask yourself these sorts of questions:

- What is the worst that could happen in this situation?
- What am I role modelling to students/others?

In my opinion Mr Recreational climber needs to lift his standard to Miss Reassessment standard...and the standard should be no different for Miss Reassessment in her recreational time.

### **Mike Atkinson**

*CPIT Recreation Tutor / NZOIA Rock Assessor*

# ANIMATED KNOTS BY GROG

As an educator I am always on the look out for resources which could help me or my students. I also have a philosophy of why re-invent the wheel when there are resources already in existence. The internet has produced a little gem of a web site called 'Animated knots by Grog'.

## WHY DO I THINK IT IS SO GOOD?

You have to look at the site and see how well Grog has set up his knot animations. There is the choice of an automatic animation of either fast or slow tying speeds. Even better is the sequenced animations which the user controls by scrolling over each of the numbered sequences, to go at their own speed or back to the last frame. A written description of tying the knot also follows the animated sequence.

The information for each knot is superb and is listed under four areas: uses, safety, pros & cons and inspection. Grog uses the *Ashley Book of Knots* by Clifford W. Ashley which was published in 1944 by Doubleday (New York) as his guide, which he states still remains the authoritative source on knots. I'm not that much of a knot guru so can not comment on this.

This is an extremely user friendly web site to use. Once each category has been selected a visual example of each knot is displayed. When the cursor runs over the knot a simple yet informative description of the knot is given in the central area. This is shown below.



Another extract from the home page under 'knots weaken ropes'. I like the simplicity of the answer. They do! A great deal is written about which knots weaken a rope most. An angle, a kink, or a knot, stresses the fibres unevenly and weakens the rope. If this concerns you, you are using rope that's too thin!! Although some knots in some ropes are claimed to only weaken a rope to about 80% of its rated strength, other knots weaken a rope to about 50%. It is therefore simpler, and certainly safer, to assume that even a brand new rope will perform at no more than 50% of its rated breaking strength.



The site has five categories in which the knots have been categorized. These are boating, climbing, fishing, scouting and search & rescue. A sixth category outlines rope care which not only looks at cleaning and rope care but also covers whipping, coiling and flaking. Listed below is an extract from the cleaning and rope care section.

**Life Expectancy:** Manufacturers recommend a retirement schedules which errs on the side of caution and also, presumably, on the side of profit! How long you decide to use the rope depends on your own inspection, knowledge of the rope's history, and assessment.

My only criticism of this site would be some of the knots which are not in the category New Zealand outdoor enthusiasts would look for. There is also a lot of cross-over with knots in a number of categories (eg clove hitch; figure eight). This is a small price to pay for one of the best knot animation sites on the web, if not the best. Many others think so, see the testimonials section.

There are over 70 knots on this web site. So how could you use this site? Anyone who has an interest in knots in any of the categories listed above can use it. I like it, I hope you will to.

[www.animatedknots.com](http://www.animatedknots.com)

So who is Grog? Go to the site and follow the Grogono website link to find out.

## Mike Brien

Mike is a NZOIA award holder in Canoe, Cave, Kayak, Rock & Sea Kayak. He works at Waimea College teaching Outdoor Education, Physical Education and Health.

## TERTIARY PROFILE:

# AUT University Outdoor Programmes

**AUT University was one of the first institutions to develop an outdoor programme to meet the needs of a growing outdoor industry for qualified, competent outdoor professionals. Little has changed in the intent of the programmes over the years but they have evolved enormously to remain current and relevant to employers and to students.**

AUT is based on the North Shore of Auckland and offers post graduate study; a 3-year Bachelor of Sport and Recreation with an Outdoor Education major; a 2-year Diploma of Outdoor Recreation Leadership; and a 6-month Outdoor Practicum paper within the Certificate of Sport and Recreation.

### DIPLOMA IN OUTDOOR RECREATION LEADERSHIP

This is a two-year course of study that starts in July and is limited to 25 students per intake.

AUT aims to maintain a 50/50 balance of outdoor practical and theoretical/academic study. Students leave with experience in a broad base of adventurous activities and high competency in at least one land based and one water based pursuit. In fact to pass, their skills will be at or above the industry standard in their chosen field. This leadership training is complimented by papers in small business and event management, research, exercise principles, professional practice and philosophical issues, giving graduates a solid foundation from which to grow as a leader.



### BACHELOR OF SPORT AND RECREATION - OUTDOOR EDUCATION MAJOR

A three-year course of study, beginning in February.

Graduates of the Degree programme focus more on the educative and managerial side of outdoor education and outdoor recreation. They have a solid grasp of the practical skills and business acumen required within an outdoor education or outdoor recreation programme; they have a deeper understanding of the theories, philosophy, and application of educative practices in outdoor settings. Small group tasks, individual assignments, day trips, multi day trips and a journey complement classroom lectures.

This course also provides a pathway for people wishing to enter postgraduate teacher training, graduating with one year of study as qualified teachers of outdoor education.

AUT Outdoors graduates have taken their expertise and flair to all sectors of the outdoor industry, both within New Zealand and out to the wider world. Currently there are graduates who are: outdoor education teachers in schools; instructors of outdoor pursuits in recreation centres; outdoor recreation business operators and managers; working in the Tertiary sector lecturing in outdoor recreation; sea kayak guides; canyon guides; cave guides; bushcraft guides; abseiling-access technicians; free-lance rock climbing and high-ropes instructors; abseil access owner operators; white-water kayak guides; dive training instructors; City Council recreation instructors; Christian outdoor centre instructors; park rangers. The variety of work experiences graduates have is staggering; the variety of countries graduates work in is impressive.

The staff at AUT are among the most qualified in the industry and include NZOIA award holders and assessors, they have an enormous base of experience and share a philosophy of student led investigation, making learning relevant and interesting, whilst teaching in small groups.

*Further information about AUT programmes can be found if you Google: AUT Outdoors  
Other providers of tertiary courses are invited to submit information for inclusion in the Quarterly.*



4th Edition available now:

# KASK SEA KAYAKING HANDBOOK

*A fourth edition of the KASK Handbook, 'A Manual for Sea Kayaking in New Zealand' was printed in August 2006 by KASK, Kiwi Association of Sea Kayakers, with support by way of a grant from Water Safety New Zealand.*

The continuing popularity of the KASK Handbook and need to keep the manual current, was the reason for this fourth edition. First published in 1996, this fourth edition now numbers 200 pages, with a four page colour cover. Feedback from paddlers led to a new wrap around cover design, but still retaining a wiro bind, so the book can be laid flat for reading.

A change with the printing process from digital photocopying with the first three editions to proper book printing with a high quality paper has led to better quality of the photos, sketches and diagrams in the fourth edition.

**New chapters, or sections added to that of the 3rd edition include:**

- rescues; written by John Kirk-Anderson, New Zealand's highest qualified sea kayaking instructor. This chapter includes 24 sequential photos demonstrating the practical rescues described in the text.
- Making and Using a Greenland Paddle, by Kerry Howe, author of 'Coastal Sea Kayaking in New Zealand'
- Hypothermia and Other Environmental Challenges, by travel doctor, Iona Bailey
- Marine Communications, by Peter Simpson

**Completely rewritten chapters include:**

- Using a GPS Receiver, by Kerry Howe
- Trip and Expedition Planning, by Kerry Howe
- First Aid Kits for Sea Kayaking, by Iona Bailey
- Risk Management, by Cathye Haddock, author of 'Outdoor Safety'
- Clothing for Sea Kayakers, by Stephen Counsell
- Customizing Your Sea Kayak, by Stephen Counsell

The resource section of the book with listings for, paddling literature, sea kayak clubs and networks around New Zealand, sea kayaks, guiding and instruction companies, kayak retailers and manufacturers, has been updated.

*The fourth edition of the KASK Handbook is now available at sea kayak retail outlets or via the KASK website:*

**[www.kask.co.nz](http://www.kask.co.nz)**

THE RECOMMENDED RETAIL PRICE IS \$34.90

FOR TRADE OR BULK BUYS PRICES FOR OUTDOOR RECREATION GROUPS:

**Enquires to Paul Caffyn – email [kayakpc@xtra.co.nz](mailto:kayakpc@xtra.co.nz) – Phone/Fax 03 731 1806**

# BOOKING FOR A NZOIA ASSESSMENT

## BOOKING ROUTINE

You must have completed the prerequisites before applying for an assessment; check the syllabus - they are all available on the NZOIA website at: [www.nzoia.org.nz](http://www.nzoia.org.nz).

You must also be a current member of NZOIA as at the date of the assessment.

To apply for a place on an assessment, obtain an assessment application form, from the website (or the administration officer) and forward it to NZOIA by the closing date with:

- a \$100 deposit
- a copy of your logbook
- a copy of your current first-aid certificate
- application\* form

\*APPLICATIONS normally close six weeks before the assessment date.

We allocate places on assessment courses on a first-in, with deposit, first-accepted basis. After the closing date, we will confirm that the assessment will run. You then need pay the balance of the course fee before the assessment. If we cancel the course, we will refund all fees.

The deposit will be refunded in full if you withdraw from a course four weeks or more before the course starts, (or you can transfer to another course). Deposits will not be refunded where the withdrawal is within four weeks of the course, but may be transferred to another course. Where a withdrawal occurs within two weeks of the course 50% of the course fee will be charged.

## COURSE FEES:

- Two day \$370
- Three day \$495
- Four day \$640
- Sea Kayak/Instructor:  
please contact the NZOIA office for fees

## ASSESSMENTS BY SPECIAL ARRANGEMENT

It is possible to arrange assessments on dates other than those scheduled (generally subject to the availability of assessors). Please contact either the Assessment Co-ordinator (email - [assessment@nzoia.org.nz](mailto:assessment@nzoia.org.nz)); or Administration Officer (email - [ao@nzoia.org.nz](mailto:ao@nzoia.org.nz)). Phone 04-385 6048.



**Outward Bound**

## Instructors

**Very few jobs are as rewarding or challenging as that of an Outward Bound Instructor.**

Outward Bound New Zealand offers you the opportunity to combine your passion for people, learning and the outdoors into one unique job.

We are looking for some exceptional candidates to join our instructing team in 2006

Our ideal candidate will have:

- A passion for working with and developing people
- Experience, qualifications and skills working in the outdoors
- Life skills and be able to relate well to others

The calibre of our instructing staff is integral to the success of Outward Bound.

Outward Bound offers a very competitive employment package including: salary and employment conditions, accommodation, high quality and rewarding work, excellent staff training and development opportunities.

All positions are based at Anakiwa, in the beautiful Marlborough Sounds.

Applications for our next 5 day staff selection course (February 2007) close 5 January 2007.

Information and application forms can be found on our website, [www.outwardbound.co.nz](http://www.outwardbound.co.nz) or from David Mangnall, Training Manager  
Outward Bound New Zealand  
Private Bag 403, Picton 7281  
Ph:03 574 2016  
or email [dmangnall@outwardbound.co.nz](mailto:dmangnall@outwardbound.co.nz)

The Best Places to Work 2005  
ORIGINAL AWARD

NEW ZEALAND OUTDOOR INSTRUCTORS ASSOCIATION

# 2007 Assessment Calendar

	COURSE DATE	Closing Date **		COURSE DATE	Closing Date **
<b>Kayak FW</b>			<b>Rock 1</b>		
Auckland	February 24-25	Jan 22	Central North Is.	March 10-11	Jan 29
Christchurch	March 4-5	Jan 29	Christchurch	March 17-18	Feb 5
Auckland	October 13-14	Aug 27	Dunedin	31 March-1 April	Feb 19
Christchurch	November 3-4	Sep 15	Auckland	May 5-6	Mar 22
<b>Kayak 1</b>			Christchurch	May 19-20	April 5
Murchison	March 24-26	Feb 10	Christchurch	October 27-28	Sep 13
Central NI	30 Mar-1 Apr	Feb 19	Auckland	November 10-11	Sep 26
Central NI	October 26-28	Sep 12	Christchurch	November 17-18	Oct 3
Christchurch	November 9-11	Sep 25	Central North Is.	November 24-25	Oct 10
Murchison	Nov 23-25	Oct 9	<b>Sport Climbing 1</b>		
<b>Kayak 2</b>			On request		
Central North Is	March 2-4	Jan 22	<b>Sport Climbing 2</b>		
Murchison	March 16-18	Feb 1	On request		
<b>Multi Sport Kayak</b>			<b>Abseil 1</b>		
Auckland	On request		Auckland	November 10-11	Sep 26
Christchurch	On request		<b>Rock 2</b>		
<b>SKOANZ Guide &amp; Sea Kayak 1</b>			Whanganui Bay	March 2-4	Jan 19
Christchurch	May 10-13	Mar 27	Christchurch	April 27-29	Mar 13
Auckland	May 24-27	Apr 10	<b>Bush 1</b>		
Auckland	October 4-7	Sep 1	Central North Is.	30 March-1 April	Feb 14
Christchurch	October 11-14	Sep 22	Central South Is.	March 24-26	Feb 12
<b>Sea Kayak 1</b>			Central South Is.	October 5-7	Aug 22
Christchurch	May 13	Mar 27	Central South Is.	October 26-28	Sep 12
Auckland	May 27	Apr 10	Central North Is.	November 2-4	Sept 18
Auckland	October 7	Sep 1	<b>Bush 2</b>		
Christchurch	October 14	Sep 22	South Island	April 20-22	Mar 8
<b>Canoe</b>			Central North Is.	May 4-6	Mar 21
South Island	November 30		South Island	October 12-14	Aug 29
	-December 2	Oct 18	<b>Alpine 1</b>		
<b>Cave 1</b>			South Island	31 August	
Central North Is.	April 14-15	Mar 1		-2 September	July 17
Nelson	May 11-13	Apr 1	Central North Is.	September 14-16	July 31
<b>Cave 2</b>			South Island	September 21-23	Aug 7
On request			<b>Alpine 2</b>		
			South Island	September 6-9	July 23

**Closing Date \*\*** ~ assessment applications, associated documentation and assessment deposit (\$100) must be received by closing date. Assessment applications received after closing date may be declined.

**NOTE:**

- It is always possible to run assessments on other dates, either by special request or if sufficient candidate are available.
- There are a minimum number of candidates required for each assessment.
- If you are interested please register your interest with our office.
- We will contact you if there are sufficient numbers.

**Website:** [www.nzoi.org.nz](http://www.nzoi.org.nz)

**Email Administration Officer:** [ao@nzoi.org.nz](mailto:ao@nzoi.org.nz) **Assessment Co-ordinator:** [assessment@nzoi.org.nz](mailto:assessment@nzoi.org.nz)

**Postal address:** PO Box 11-090, Manners Street, Wellington 6142. Telephone: 04 385 6048, Fax: 04 385 9680.



# CONGRATULATIONS! CONGRATULATIONS!

*The following members recently gained NZOIA Awards:*

**ALPINE 1:** Nick Brown, Lindsay Foggatt, Alison Hadfield, Luke Lennox, Benjamin Necklen, Davis Seath, Kerri Wingate.

**BUSH 1:** Alan Sarten.

**KAYAK 1:** Rachel Curtis.

## FOR SALE

via the NZOIA website: [www.nzoia.org.nz](http://www.nzoia.org.nz)

- **NZOIA LOGBOOKS**  
Every instructor needs to maintain one - its your professional CV
- **NZOIA THERMAL MUGS**  
Keep that drink /soup hot for longer.
- **GETTING IT RIGHT**  
How to successfully run your outdoor business.
- **WATERPROOF NOTEBOOKS**  
No more soggy notes after that 'wet' day outdoors.
- **NZOIA T-SHIRTS**

### LEGAL INFORMATION WEBSITE

Here is a useful link to simple, easy to use legal information for the non-profit sector.

<http://www.nzfvwo.org.nz/keepingitlegal>

AND CHECK OUT THE NZOIA WEB SITE AT

[www.nzoia.org.nz](http://www.nzoia.org.nz)

*...your comments and suggestions are welcome!*

## CONTRIBUTIONS TO THE NZOIA QUARTERLY

*The NZOIA Quarterly welcomes articles, photos, letters, news, details of coming events and bits and pieces from all readers. Submissions may be edited.*

PLEASE FORWARD ALL ITEMS TO: Administration Officer, PO Box 11-090, Manners Street, Wellington 6142, or email to: [ao@nzoia.org.nz](mailto:ao@nzoia.org.nz)

**Articles should be submitted in Word format. All photographs must be supplied individually in jpg format and cannot be used if embedded in a Word document.**

## ADVERTISE WITH US ...

**HALF PAGE:** 170mm wide x 125mm high *OR* 85mm wide x 245mm high ..... \$100 + gst

**QUARTER PAGE:** 85mm wide x 125mm high ..... \$70 + gst

**Send your advertising copy to:**

The Editor NZOIA  
PO Box 11-090  
Manners Street  
Wellington 6142

**Email:**

[ao@nzoia.org.nz](mailto:ao@nzoia.org.nz)

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# bivouac/outdoor

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# GETTING THE ADVENTURE BACK

Excitement, adventure and fun are alive and well at Howick College



Photos courtesy Dave Mason, HOD Outdoor Education and NZOIA Member.

Photo contributions are welcomed for the back page series 'GETTING THE ADVENTURE BACK'.  
Please submit as files of no less that 700kb in individual jpg format.

