

## Sea Kayak Level 1 / Upgrade Logbook Summary Sheet

Name: \_\_\_\_\_

The purpose of this summary sheet is for you to be able to clearly quantify your personal and instructional experience in relation to the pre-requisite requirements as outlined in the NZOIA Sea Kayak Level 1/Upgrade syllabus. It is important to be aware that the days listed in the syllabus are seen as an **absolute minimum** expectation for those who are considering presenting themselves for assessment. Please summarise all your logged experience, not just the minimum requirements.

All sections need to be recorded in number of days (1 day=no less than 6 hrs from start to finish).

Summary of personal and instructional/guiding experience	Total
<b>Total number of days (no less than 50, 10 of which must be part of multi-day trips)</b>	
Details of personal experience	
Total number of days personal sea kayaking (no less than 20, formal training days not included) Of these, how many days were part of multi-day trips? <i>List locations:</i>	
Details of instructional /guiding experience	
Total number of days as an assistant instructor/guide, co-instructor/guide, or instructor/guide (no less than 20 days) Of these, how many days were guiding (no less than 5) Of these, how many days were instructing (no less than 5) Of these, how many days were part of multi-day trips <i>List locations:</i>	
Formal Training	
Number of days of formal instruction you have received as a student as part of a programme, course, inservice training, tertiary study etc Have you attended a pre-assessment training programme administered by a NZOIA Sea Kayak award holder? If yes, when & where?	YES  NO