

Cave Level 1 Logbook Summary Sheet

Name: _____

The purpose of this summary sheet is for you to be able to clearly quantify your personal and instructional experience in relation to the pre-requisite requirements as outlined in the NZOIA Cave Level 1 syllabus. It is important to be aware that the days listed in the syllabus are seen as an **absolute minimum** expectation for those who are considering presenting themselves for assessment. Please summarise all your logged experience, not just the minimum requirements.

All sections need to be recorded in number of days (1 day=no less than 4 hrs underground).

Summary of personal and instructional/guiding experience	Total
Total number of days (no less than 40)	
Details of personal experience	
Total number of personal caving days (no less than 20 days in at least 5 different caves, formal training days not included) <i>List routes, caves and locations</i>	
Details of instructional/guiding experience	
Total number of days as an assistant instructor/guide, co-instructor/guide, or instructor/guide (no less than 10 days) Of these days, how many have been instructional sessions (no less than 5) <i>List routes, caves and locations</i>	
Formal Training	
Number of days of formal instruction you have received as a student as part of a programme, course, inservice training, tertiary study etc Have you attended a pre-assessment training programme administered by a NZOIA Cave award holder? If yes, when & where?	YES NO