

# Climbing Wall, Rock / Abseil Leader Rock 1 & 2 Summary Sheet

Name: \_\_\_\_\_

*The purpose of this summary sheet is for you to be able to clearly quantify your personal and instructional experience in relation to the prerequisite requirements as outlined in the NZOIA Climbing Wall, Rock/Abseil Leader, Rock 1 & 2 syllabuses. It is important to be aware that the days listed in the syllabus are seen as an absolute minimum expectation for those who are considering presenting themselves for assessment.*

**Please complete all sections in numbers of days. Some days will be recorded in more than one place. Please note that as detailed in the syllabi, a day is no less than 4 hours.**

### Summary

### Total

Total number of personal days	.....
Total number of instructional	.....

### Details of personal experience

Number of days involving some lead climbing	.....
Number of days involving natural protection, i.e. placing your own gear	.....
Number of days involving fixed protection, i.e. bolts, pitons etc	.....
Number of crags/sites visited	.....
Number of days at an indoor facility/artificial facility	.....
Please give a sample of locations used .....	.....
.....	
.....	

### Details of instructional experience

Number of days involving some lead climbing	.....
Number of days involving natural protection, i.e. placing your own gear	.....
Number of days involving fixed protection, i.e. bolts, pitons etc	.....
Number of crags/sites visited	.....
Number of days at an indoor facility/artificial facility	.....
Please give a sample of locations used .....	.....
.....	
.....	

### Rock 2 only

Number of days climbing in a multi-pitch environment	.....
Number of days instructing lead climbing	.....
Personal leading standard. What grade can you consistently lead climb?	.....

### Other

Number of days of formal instruction you have received as a student part of a programme, course, inservice training, tertiary study etc	.....
Have you attended a pre-assessment training programme administered by a NZOIA Rock award holder?	Y / N
If yes, when & where? .....	